

Quick Picks: Dog-Friendly Fun

In The Bay Area



San Francisco 🌉

- **Fort Funston:** A classic! Dogs can roam off-leash on the beach and trails. Be mindful of the cliffs! *Call me if your dog's recall needs improving.*
- **Golden Gate Park:** Explore vast green spaces, including the designated off-leash areas.
- **Crissy Field:** Enjoy stunning views of the Golden Gate Bridge while your dog plays in the sand.

Marin County 🌲

- **Marin Headlands (Rodeo Beach & trails):** Stunning views and ocean breezes; dogs welcome on-leash in most areas.
- **Downtown Sausalito waterfront strolls:** Scenic, dog-welcoming sidewalks with nearby cafés that offer water bowls and pup-friendly patios.
- **Mount Tamalpais East Peak trails:** Sweeping views and shady hikes (leashed), great for confident trail dogs.

The Peninsula 🏞️

- **Pulgas Ridge Open Space Preserve (San Carlos):** A hidden gem with an **off-leash area** in the center of the loop trail. Quiet, scenic, and a great place to practice recall and trail etiquette.
- **Bedwell Bayfront Park (Menlo Park):** Gorgeous bay views, wide paths, and flat terrain, perfect for older dogs or leash training in real-world settings.
- **Dog-Friendly Downtowns (Palo Alto & Burlingame):** Plenty of café patios and water bowls. Try Twelvemonth Restaurant's gorgeous dog-friendly patio in Burlingame, and seriously delicious
- food and treats for humans.

South Bay ☀️

- **Almaden Quicksilver County Park (San Jose):** Leash-required, but wide trails and rolling hills offer great physical and mental exercise. Early mornings are peaceful and not too hot!
- **Los Gatos Creek Trail:** Miles of mixed-use trails ideal for jogs or strolls. Multiple dog water fountains and shade spots, plus downtown Los Gatos is super dog-friendly!
- **Ulistac Natural Area (Santa Clara):** A lesser-known spot with wildflowers, butterfly gardens, and rustic trails. Great for dogs who need a quieter, lower-stimulation environment.
- **Cooper-Garrod Estate Vineyards (Saratoga):** Did someone say wine tasting *with your dog*? Yes! This rustic, dog-welcoming winery offers trails and picnic spots. Ideal for relaxed outings with well-socialized pups.

East Bay

The East Bay boasts diverse landscapes, from urban parks to regional trails:

- **Point Isabel Regional Shoreline:** A huge off-leash dog park with stunning views of the Bay.
- **Tilden Regional Park:** Explore miles of trails and designated dog-friendly areas.
- **Lake Temescal Regional Recreation Area:** A popular spot for swimming, picnicking, and dog walking.

Pro Tips from Maryam

- **Pack treats + training moments:** Every outing is a chance to reinforce calm behavior, check in on cues, and build your bond.
- **Cooling gear helps:** A wet bandana, cooling vest, or shade break goes a long way in keeping pups comfy.
- **Rotate locations:** New sights and smells = mental enrichment! Avoid overdoing the same walk every day.
- **Hydration is key!** Always pack water for your pup. Collapsible bowls are great for hikes and outings.
- **Watch those paws:** Hot pavement can burn. If it's too hot for your hand, it's too hot for your dog's feet.
- **Keep tags current:** Even the most well-trained pup can get curious. Make sure ID tags and microchips are up to date.

Take the Most Advantage Of Summer

Life is more joyful when our dogs feel confident and well-mannered in every situation. I'm here to help your dog become their happiest, most well-behaved self—so you can *enjoy* every moment together, *stress-free*.

Contact me today! Maryam@PawsitiveManners.com